

March 2019

## Allergy Awareness Week 2019

**Attention: Principal, Deputy Principal, Health Nurse, Parent Teacher Association, Board of Trustees**

Allergy Awareness Week (AAW) in 2019 runs from **Sunday 12 May to Saturday 18 May**. I would like to help organise some activities at school during AAW to help increase awareness about allergies and how we as a community can keep children with allergies safe.

Past fun school activities (where all pupils can participate) have included:

- viewing a short allergy video clip at assembly or on the school media site
- painting one fingernail a different colour to represent the one in 10 children with food allergies in New Zealand
- classroom activities on learning about allergies
  - The Wiggles – Song ‘Ooey ooey ooey allergies’
  - Suzy’s World – ‘What is an allergic reaction?’ video quiz and cloze passage <https://suzy.co.nz/sw-factsheets/> (Episode 211)
  - Allergy crossword
  - Allergy Kahoot – a fun online group quiz for older primary school students
  - Glitter/paint experiment

Allergy New Zealand will have resources (activity ideas, worksheets, quizzes and videos) available for schools to download from their website [allergy.org.nz](http://allergy.org.nz).

I would be grateful if you could diary **Allergy Awareness Week 12–18 May 2019** and spread the word to our wider school community.

Should you have any questions, please contact me (the parent volunteer identified below) or our National Allergy Awareness Week Volunteer Liaison Anna Mosley [annajmosley@yahoo.com](mailto:annajmosley@yahoo.com).

Kind regards

**Allergy New Zealand Volunteer**

Phone:

Email: