



University of Canterbury Food Allergy Study

Does your child have a medically diagnosed food allergy?

(Note: this includes IgE-mediated immune reactions & other adverse immune reactions to foods e.g. coeliac disease)

Are you interested in contributing your experiences of living with Food Allergy to research looking at the impact of food allergy on New Zealand children and their families?

If your answer is yes to both questions above, please read on:

My name is Malena Penney and I am a Masters student at the University of Canterbury. My research is investigating the impact food allergy can have on families. Specifically, we are looking at parental anxiety associated with Food Allergy, parental burden associated with Food Allergy, and child quality of life. Ultimately, we are hoping that the results from this study will inform future efforts designed to provide needed support for families who have a child with Food Allergy.

*Participants should have a child aged 0- 18 years of age who has been diagnosed with a food allergy by a doctor.

Study participants will be asked to complete questionnaires that will allow researchers to gain a better understanding of the impact Food Allergy can have on a family, particularly primary caregivers and the child with Food Allergy. These questionnaires will be mailed to you with return postage for returning them to ensure there is no monetary cost to you and are expected to take 20-30 minutes to complete.

If you are interested in participating in this study, or would like to find out more about what will be involved, please email the primary researcher, Malena Penney at mjp169@uclive.ac.nz

If you don't have access to email, please feel free to call the primary supervisor, Michael Steele, PhD. on +64-3-36-92935 ext. 92935 and the information forms can be mailed to you.

Responding to this request will not obligate you to participate in this research.

This study has been approved by the Department of Child and Family Psychology, University of Canterbury.

If you have questions or concerns about this project feel free to contact either the primary researcher or her supervisor.

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