

Airline website links for passengers with food allergy.

List of airlines coming and going	Links to information required before booking/flying	Contact information	Notes
Air China	<ul style="list-style-type: none"> https://www.airchina.com.au/AU/GB/info/meals/special.html https://www.airchina.com.au/AU/GB/info/assistance/disabilities.html#5 		
Air New Zealand	<ul style="list-style-type: none"> http://www.airnewzealand.co.nz/special-assistance-special-meals http://www.airnewzealand.co.nz/special-assistance-allergy-alerts http://www.airnewzealand.co.nz/special-assistance 		
Air Tahiti Nui	<ul style="list-style-type: none"> https://www.airtahitinui.com/nz-en/special-meals 	For more details on the composition of a meal, please contact our reservation service.	Our special meals are not appropriate in the case of food allergy. We cannot guarantee the absence of allergens.
Air Vanuatu	<ul style="list-style-type: none"> http://www.airvanuatu.com/home/in-flight-services/meals.aspx 		
Air Asia	No mention of dietary requirements		
Aircalin	<ul style="list-style-type: none"> http://nz.aircalin.com/en/menus-meals 		No mention of option for allergic passengers.
Airlineas Argentinas	<ul style="list-style-type: none"> http://ww1.aerolineas.com.ar/arg/main.asp?id sitio=nz&id pagina=43&id idioma=en# http://www.aerolineas.com.ar/en-nz/servicios especiales/contacto 		
American Airlines	<ul style="list-style-type: none"> https://www.aa.com/i18n/travelInformation/duringFlight/dining/special-meals.jsp 		
Asiana Airlines	<ul style="list-style-type: none"> http://kr.flyasiana.com/C/en/homepage.do?menuId=003007001004000&menuType=CMS 		
Austrian Airlines	<ul style="list-style-type: none"> http://www.austrian.com/Info/FlightInformation/Special%20Meals.aspx?sc_lang=en&cc=ZZ 		Austrian Airlines does not accept any responsibility for any allergic reaction that you may have whilst onboard one of our flights.

	<ul style="list-style-type: none"> • http://www.austrian.com/Info/Flying/MedicalInformation.aspx?sc_lang=en&c=ZZ (Section on allergen labelling) 		
British Airways	<ul style="list-style-type: none"> • http://www.britishairways.com/en-nz/information/food-and-drink/food-allergies • http://www.britishairways.com/en-nz/information/travel-assistance/medical-conditions-and-pregnancy • http://www.britishairways.com/en-nz/information/food-and-drink/special-meals 		Uses the recommendations of the IATA for allergen-sensitive passengers. Detailed anaphylaxis info.
Cathay Pacific	<ul style="list-style-type: none"> • https://www.cathaypacific.com/cx/en_US/travel-information/inflight/food-and-beverages/peanut-allergy.html 		IATA
China Eastern	No mention of dietary requirements in the English version of website		
China Southern Airlines	<ul style="list-style-type: none"> • http://global.csair.com/US/GB/FLUS/JSFW/JSCS/SPDN 		Available upon request (possibly)
Delta Airlines			When requesting a special meal on a Delta flight, please be sure to select a meal from Delta's special meal listing as Delta does not fulfil meals that are not part of the special meal menu options
Emirates	<ul style="list-style-type: none"> • http://www.emirates.com/nz/english/plan_book/essential_information/dietary_requirements.aspx 	http://www.emirates.com/nz/english/plan_book/essential_information/special_needs.aspx (bottom of page) https://www.emirates.com/nz/english/plan_book/essential_information/health_and_travel/medical_information_for_fitness/	<p>Detailed!</p> <p>Allergies: passengers don't need to complete this form* to request a special meal for their flight. (Please note we can't guarantee peanut-free meals.) However if the passenger has a life threatening food allergy that may require treatment in-flight – particularly if they react to the presence of traces of food in the air – this form should be completed.</p>
Ethihad	<ul style="list-style-type: none"> • http://www.etihad.com/en-nz/experience-etihad/on-board/fine-dining/special-meals/ • http://www.etihad.com/en-nz/experience-etihad/special-assistance/medical-information/ 		
Ethiopian Airlines	<ul style="list-style-type: none"> • https://www.ethiopianairlines.com/cor 		

	porate/group/catering/MD-message		
Fiji Airways	http://www.fijiairways.com/flight-information/special-travel-needs/		
Finnair	<ul style="list-style-type: none"> https://www.finnair.com/int/gb/information-services/on-the-aircraft/food-and-drink-on-board/special-meals 		No guarantee that the meals served do not include ingredients that may cause allergies or that the cabin does not contain the remnants of such allergens. Please submit your order no later than 24 hours before departure, or 48 hours before departure on Finnair charter flight.
Garuda Indonesia	No mention of special meals		
Hawaiian Airlines	No special meals found		
Japan Airlines	<ul style="list-style-type: none"> http://www.jal.co.jp/en/inter/service/meal/special/menu/index.html 		Minimal allergen meal menus available. Only for long-haul flights.
Jetstar	Nothing detailed found- Menus available online and also food can be brought on board.		
KLM	<ul style="list-style-type: none"> https://www.klm.com/travel/nz_en/prepare_for_travel/travel_planning/special_meals/index.htm#p6 		Only mentions peanut and nut allergies. Can't guarantee 100% contamination free flight but states that no peanuts are in meals...
Korean Air	<ul style="list-style-type: none"> https://www.koreanair.com/global/en/traveling/classes-of-service/in-flight-special-meals/peanut-allergy.html https://www.koreanair.com/global/en/traveling/classes-of-service/in-flight-special-meals/other-special-meals.html 		For special meal order, please contact our Service Center or order through "My Reservation" at least 24 hours prior to departure. For codeshare flights, requests must be made at least 48 hours prior to departure.
Latam Airlines Group	<ul style="list-style-type: none"> http://www.lan.com/en_nz/travel-information/special-assistance/special-meals/ 		Nothing mentioned about allergic passengers
Lufthansa	<ul style="list-style-type: none"> http://www.lufthansa.com/nz/en/Food-and-beverages http://www.lufthansa.com/nz/en/Special-meals http://www.lufthansa.com/nz/en/Well-being-on-board 		
Malaysia Airlines	<ul style="list-style-type: none"> http://www.malaysiaairlines.com/my/en/experience/inflight-meal/special-meal-request.html 		
Philippine Airlines	No mention of allergens/no link to special meals.		
Qantas	<ul style="list-style-type: none"> https://qantas.custhelp.com/app/answers/detail/a_id/115/session/L3RpbWUvMTQ2MTcxNzk2My9zaWQvbVRTUGMxUG0%3D http://www.qantas.com/travel/airlines/ 	http://www.qantas.com/travel/airlines/helpline-for-specific-needs/global/en	<p>Allergies/Anaphylaxis</p> <p>Because of the wide variety of possible allergens to which a customer may be sensitive, and the fact that other Qantas customers may bring allergens with them, Qantas cannot</p>

	<p>medical-equipment-and-medications/global/en</p> <ul style="list-style-type: none"> • http://www.qantas.com/travel/airlines/medical-equipment-and-medications/global/en#jump3 		<p>guarantee an allergy free environment on-board or in our lounges. For this reason, we recommend that you carry any allergy medication you may need with you, including adrenalin auto injectors, in the cabin of the aircraft, keep them within easy reach and be ready to administer the medication if necessary.</p> <p>Qantas is aware of the challenges of peanut allergy sufferers and where possible seeks to minimise the risks of exposure to peanuts through:</p> <ul style="list-style-type: none"> • The removal of peanuts as a bar snack on all Qantas flights and from Qantas owned and operated lounges. • Minimising the use of peanuts or peanut based products in our inflight menus. • The provision of an extensive range of special meals inflight that are specifically designed not to include peanuts or other nuts, or products of peanuts or other nuts in the preparation of the meal. <p>Passengers may also be served a range of other nuts including almonds, cashews and macadamia nuts as bar snacks or after dinner snacks.</p>
Qatar Airways	<ul style="list-style-type: none"> • http://www.qatarairways.com/global/en/special-dietary-requirements.page 		<p>Qatar Airways cannot guarantee nut free meals and regretfully do not accept responsibility for allergic reactions of any extent. With the exception of vegetarian meals, no special meal requests can be confirmed for intra-Gulf flights.</p>
Royal Brunei Airlines	<ul style="list-style-type: none"> • https://www.flyroyalbrunei.com/en/brunei/experience/dining/precautions-for-allergies/ • https://www.flyroyalbrunei.com/en/brunei/experience/dining/special-meals/ 		<p>Clear precautions for allergic passengers.</p>
Scandinavian Airlines	<ul style="list-style-type: none"> • http://www.flysas.com/en/travel-info/other/special-meals/ • http://www.flysas.com/en/travel-info/other/allergies/ 		
Singapore Airlines	<ul style="list-style-type: none"> • http://www.singaporeair.com/en_UK/nz/travel-info/requests/meals/ 	<p>http://www.singaporeair.com/en_UK/nz/travel-</p>	<p>Great info nut allergy; A nut-free special meal can be ordered – give at least 48 hours notice.</p>

	<ul style="list-style-type: none"> • http://www.singaporeair.com/en_UK/nz/travel-info/special-assistance/medical-information/ 	info/requests/passengers-with-nut-allergy/	Has a seafood-free meal that can be ordered (NFSML).
Thai Airlines	<ul style="list-style-type: none"> • http://www.thaiairways.com/en_NZ/plan_my_trip/travel_information/Special_Request-Assistance.page 		Only for first class passengers
Turkish Airlines	<ul style="list-style-type: none"> • http://www.turkishairlines.com/en-int/travel-information/on-board-inflight-communication-entertainment-audio-video/special-meal-service 		All flights except domestic flights, special meals-requirements can be met. Might need proof with a doctors' report. They "abide" to International Air Transport Association (IATA).
United Airlines	<ul style="list-style-type: none"> • https://www.united.com/web/en-US/content/travel/inflight/dining/special/default.aspx • https://www.united.com/web/en-US/content/travel/specialneeds/needs/peanut-allergies.aspx 		
Virgin	<ul style="list-style-type: none"> • http://www.virginaustralia.com/au/en/plan/special-needs-assistance/special-meals/ • http://www.virginaustralia.com/au/en/plan/special-needs-assistance/medical-conditions/ 	http://www.virginaustralia.com/au/en/plan/special-needs-assistance/SSR/	
Virgin Atlantic	<ul style="list-style-type: none"> • http://www.virgin-atlantic.com/us/en/travel-information/special-assistance/medical-conditions/allergies.html • http://www.virgin-atlantic.com/us/en/travel-information/your-health/dietary-requirements.html 	http://www.virgin-atlantic.com/us/en/travel-information/customer-service/special-assistance.html	Food may contain traces of nuts. No guarantee even in "Nut-friendly" meals.

This table was updated as of 8 June 2016. If you have further information regarding airlines and food allergy policies, please let Allergy New Zealand know by emailing details to allergy@allergy.org.nz