

Inside Out Picnic

www.allergy.org.nz

One in ten children have been diagnosed with allergies by two years of age. Most will develop problems before the age of 10 which means it is likely to be a life-long condition for over a million people in New Zealand.

Allergy to pollen is one of the most common allergies in New Zealand. The symptoms are generally allergic rhinitis (hayfever) and can also trigger asthma.

So let's clear the air and show we care!